

My
Babuji Maharaj

(For private circulation only)

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Pune (Maharashtra)

Date: 30-04-2019

Introduction : President, Yogashram Committee

Dharwad (Karnatak)

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Introduction

Many philosophers and learned men have tried to understand and describe the subtle concept of God. But He remains beyond all definitions and descriptions. How can the omnipotent and omnipresent God, who is beyond reach of senses be sensed by senses and bound by words? As rightly said by our Rev. Master Shri Ram Chandra Ji Maharaj of Shahjahanpur : “God can’t be defined. What remains after all definitions, is God.” God is beyond understanding and can’t be described. He is an experience to be experienced and the individual experiences can be shared for the benefit of others.

The experience of an abhyasi shared for the benefit of others is a yeoman service to humanity. In the present book, ‘Mere Babuji Maharaj’, Shri. P. D. Gaikwad of Pune, a senior abhyasi and preceptor, narrates his personal experiences during his association with Rev. Master Shri Ram Chandra Ji Maharaj of Shahjahanpur, affectionately known as Babuji.

The incidences are narrated in simple and lucid style, clearly indicating his thirst for reality and devotion for Rev. Master Shri Ram Chandra Ji

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Maharaj. On the other hand it reveals the subtle and unique style of Rev. Master to guide young aspirants towards the goal, with tender love and care. Each incident referred in the book, has a specific message to convey and is of significant importance for an abhyasi of Sahaj Marg way of sadhana. For example, as brother Gaikwad narrates, while taking leave from Master, after his first visit to Shahjahanpur, he touches Babuji's feet and says with tears in his eyes, "Babuji, I stay far away from you. Please keep me in your thoughts." Babuji smiled and replied, "Physical distance is no distance; increase your longing for God". Brother Gaikwad could not say anything more and left with a heavy heart. But a sincere cry to Master with tears in eyes never goes waste. Within a couple of years, Shri. Gaikwad was miraculously transferred to New Delhi from Solapur on deputation to R.E.C.Ltd. He stayed there for 33 years and visited Shahjahanpur frequently, till his retirement in 2005.

As Shri Babuji Maharaj has said, "Many people come to see me but very few really see me." Out of hundreds of abhyasis who flocked to bask in the warmth of Master's Grace, there were very few who could really experience the Divinity covered in the mask of simplicity. Shri P.D.

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Gaikwad is one of such abhyasis. During his very first visit to Shahjahanpur in 1970, he could attract the attention of Master and earn His love and affection. His love and intense craving for the Master is reflected in various incidents mentioned in the book. His confidence in Babuji Maharaj was so great that he boldly told a senior preceptor, “My Master is more than Lord Krishna.” On hearing this incidence, Babuji said, “*Arey*, you should have said that Swamy Vivekanand has said, know thy Guru as Brahm”, thus revealing His true self - ‘I am That.’ Many such revelations made by Master are mentioned in the book.

Brother Gaikwad had the opportunity of closely associating with senior preceptors like Shri Raghavendra Raoji of Raichur, Shri Ramachandra Reddyji of Kadapa, Saint Sister Kasturiji, Dr S P Srivastavaji of Lakhimpur Kheri, Justice D. R. Vitthal Raoji of Bangalore and others, who guided him towards the destination.

I hope this book will be a trendsetter and inspire many more abhaysis to come forward and share their personal and Divine experiences. The present book, “Mere Babuji Maharaj” is definitely a guide for spiritual aspirants of present and future

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generations. Our grateful thanks to brother
Gaikwadji for sharing his experiences.

Our Pranams to Rev. Master Babuji.

Date: 30-04-2019

M. K. Hegde

President

Yogasharam committee

Dharwad

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1. In the year 1970, my mother, my elder brother and I reached Pujya Shri Babuji's house for the first time. We had no idea about rail reservations, so we reached Shahjahanpur from Solapur by changing trains at Daund, Manmad, Jhansi and Lucknow. We were very tired due to lack of sleep having had no berth reservation in the train. When we reached Babuji's house in the morning, we were very eager and restless to see Him. Babuji came out into the courtyard and the three of us took turns to touch His feet. After touching His feet, I got up and looked at Him. I got lost in His blue eyes, as if I had drowned in the blue sea. I felt a sort of vibration, like a mild electric current flowing through my entire body. This was a new experience for me. And the tiredness due to the journey vanished.

2. After that, Shri Babuji said : "Look, we have constructed new toilets". And He took my brother and me to show the toilets. His house is big. The toilets were constructed in one corner. I wondered what was there to see in the toilets. And why was He showing them to us ? Three toilets were adjacent to each other. He said : "See, people take

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the mug from one toilet and take it to the other toilet and leave it there. Now, one toilet has two mugs and the other has none”. Then I understood that he was telling us not to make this mistake.

3. There was one newly constructed bathroom by the side of the veranda. My elder brother went in there to take bath. I was awaiting my turn outside with a towel in my hand.

In the meanwhile a South Indian abhyasi asked Babuji, “Babuji will there not be meditation today? Babuji was sitting in his usual chair in the veranda. He said : “I am waiting for Solapur abhyasis”. Then addressing me He said : “*Kyun bhai* can you not take bath in the open ?” In the courtyard, there was a well, a bucket and a mug - everything required for a bath.

But it did not strike me before. I quickly moved to the well, pumped out water from the hand pump and started bathing. I did not realise that, I was delaying Babuji Maharaj. To keep Master waiting is wrong. Even in meditation.

4. After that we all went into the meditation room. Inside the room, Babuji’s seat is in the centre. On one side, abhyasi sisters and mothers used to sit and on the other, the gents. Babuji’s seat is simple and small. Behind, there is a cylindrical

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cushion for support, while a small wooden table of one foot height sits in the front. On His right, there used to be a small wooden desk on which a table lamp rested.

The abhyasi ladies had arrangements for their stay in the inner part of the big house. Food was served to all in the inner portion of the house.

I requested Babuji : “My mother is inside. Shall I call her for meditation?” Babuji replied in affirmative. I called my mother. She also sat with other sisters/mothers for meditation. I did not know that before she sat in group meditation, she had to take three individual preparatory sittings from a preceptor and only then could she be permitted to join a group meditation. And my mother did not know how to meditate and that meditation is to be done on the thought of divine light in one’s own heart. She only knew that I used to sit in meditation with my eyes closed at home. She had accompanied us (my brother and I) to go around North India to visit and see Kashi, Mathura etc. My father told me that since we were going to North India, we may take her along and show her Kashi, Mathura etc.

But Samarth Sadguru Pujya Shri Babuji started her meditation in a group.

5. Pujya Babuji concluded the meditation session. We all were sitting quiet. Suddenly Babuji said : “La illahi illallah” (There is no God other than God Himself.) All of us were startled.

I started thinking why this utterance (which is normally attributed to only Muslims) just after we had meditation on divine light in our hearts.

Babuji said : “God is one. There is no benefit by worshipping gods and goddessess.” Babuji was explaining the principle of thinking of One and One alone.

I breathed deeply.

6. During the group meditation, when I was absorbed, I felt that I was not there but only an outline of my body was there and it was all light and light only. I was amazed. After some time, the meditation ended. We all came out of the room and sat in the veranda. I asked Babuji that I felt light throughout in outlines of my body. I was proud that I experienced light during meditation. Babuji remarked casually : “This is bound to happen”.

I could not understand its meaning. Much later, I read in Babuji’s literature, “When matter comes in contact with energy, light is the result”. Then I realised that Divine energy had started flowing by His Grace.

7. We had planned to stay in Shahjahanpur for three days. On the third day, I told my mother that we had to leave. She said : “I am liking it here. Can we not stay for another day?” I said : “I have no courage to ask. If you wish, you may ask Babuji”. She went to Babuji and requested him whether we could stay there for one more day. Smilingly He said : “Yes, yes, why not?” Then He gave instructions to the people in the house, “ These people will stay here itself today”. We stayed on for one more day.

8. That day was Monday. On every Monday evening, all abhyasis from Shahjahanpur town also used to assemble at Babuji’s house for group meditation. I asked : “Babuji will there be meditation in the evening?” Babuji said : “Yes, but you are full”.

9. Next day we were to leave. My mother said to Babuji : “Babuji, please call us here again”. Babuji said : “*Arey bhai*, I am inviting you now itself”.

10. While taking leave of Babuji, my mother and then my brother, touched Babuji’s feet and went out of the room. Then I touched Babuji’s feet

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and said : “Babuji, I stay far away from you. Please keep me in your thoughts”. There were tears in my eyes. Babuji smiled and said : “Physical distance is no distance; increase your longing for God”. I could not say anything. With a heavy heart, we all left.

11. On my part, I had forgotten having told Babuji, that I stayed far away from Him, and having had prayed that He may keep me in His thoughts. But after about two years (in 1972), I was officially selected to go on deputation to New Delhi (R.E.C. Ltd). A large number of engineers from Maharashtra State Electricity Board had applied, but without any efforts on my part or without any special qualifications, I was the only person to have been selected to go on deputation at that time.

And I retired from New Delhi (R.E.C. Ltd) in the year 2005.

12. When we were with Babuji for the first time, in the year 1970, I asked Him : “Babuji, I understand that Fatehgarh (Rev. Lalaji’s place) is very near from this place. Can we go there?” He said : “Yes, but the way to go there is difficult”. I don’t know why but I took it in a spiritual sense. I felt that Babuji was saying that to secure nearness

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to Lalaji was difficult and where was the need when Babuji was available so easily.

I never felt any attraction to go to Fatehgarh thereafter. Only in 2016 (after 46 years of joining the mission) when a group of abhyasis with whom I was traveling, went to Fatehgarh, I did go to Fatehgarh.

13. Many months after returning from Shahjahanpur in 1970, my mother told me, that in Shahjahanpur when Babuji used to give all of us transmission, she used to feel that black coverings were going out (from her) and after meditation, she used to feel very drowsy. So, she used to go to the inner quarters and sleep on the *charpai* (cot). She used to feel very light. She further said that, “Before going to Shahjahanpur, she used to feel stiffness in her joints and felt that she was not going to live long. But now she felt very light and that she would continue living”.

She lived till 1999 (almost 29 years more) and she continued with her meditation, cleaning etc. regularly.

14. It was in the year 1972. Pujya Babuji Maharaj had completed his maiden visit to Europe and America and was to return to Mumbai. I was feeling proud that my Master was returning to

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India after conquering the world, spiritually. How should I welcome my Master? What would be the most appropriate way etc. At that time I was posted in Solapur.

I requested my father to buy for me a pair of white dhoti of 10 yards length (Babuji used to wear 10 yard dhoti. Normally dhotis are made of 9 yards) and 3 yards of pure silk cloth for His shirt. Good quality cloth was available in Mumbai. Hence he bought the same for me. I wanted to present this to Shri Babuji on his arrival in India.

On the appointed date I reached Mumbai. My sister used to live in Vile-Parle (East) and our preceptor Shri Bapubhai Desai also used to live in the same area. My father and I reached the house of Shri Bapubhai at 8.00 a.m. Shri Bapubhai was 80 years old then. He was giving a sitting to some abhyasi. After his sitting was over, I asked him : “Shri Babuji is arriving today in Mumbai. When is He coming and where is He going to stay?”

Bapubhai said : “Babuji has gone to Madras directly. His plan to come to Mumbai has changed”. I was disappointed. From Solapur I had travelled (450 km) to Mumbai only to see Babuji. I expressed my disappointment. Bapubhai said : “Now that you have come, please do puja before leaving”. I agreed. We (my father & I) had transmission from him. Then we came to the hall

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and sat there. He gave us breakfast and tea. We started talking. Shri Bapubhai said : “Babuji has power but he does not want to give it”. I said : “You are a preceptor and Babuji has given you power. Now a little while ago you gave me puja. You transmitted. How can you say that Babuji does not want to give power? I have started puja only 2 years ago and I am an ordinary abhyasi. But I can tell you what you did when you gave me puja”.

Then I told him how he started the puja. Initially the transmission was covering my whole heart and almost at the end, the transmission was focused on one point etc. And then he was speaking to me and also transmitting at the same time. Shri Bapubhai agreed. He said : “Yes, it is correct”.

Then I said : “You see Babuji made Bangladesh an independent country in 1971. Pakistan lost the war badly”. Bapubhai said : “Do you know how many bad things happened in Bangladesh war? How many people died? How many rapes took place? Very, very bad things happened. All this cannot be done by Babuji. He is a saint”.

I said : “What did Lord Krishna do in Mahabharat? Was there not enormous bloodshed?

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Did atrocities not happen there? Did destruction not take place?”

Bapubhai said : “No, no, Lord Krishna was Lord, Babuji is a Saint . He cannot do all this”.

I said : “My Master is more than Lord Krishna”.

He said : “What do you know? You are a child”. And truly I was only a 27 years old boy. He was an 80 years old experienced man. Babuji was also 73 years old then.

I kept quiet. I returned to Solapur. Now the question was how to deliver the dhoti and the cloth to Babuji Maharaj ? Gulbarga centre is 2 ½ hours away from Solapur by train. I thought, “Somebody will be going from Gulbarga to Madras. If I deliver this to some preceptor at Gulbarga he/she will somehow see that it gets delivered to Babuji. I will go to Gulbarga in the morning and return in the evening”.

The next day I went to respected preceptor (late) Mrs. Shantabai Dattaraj of Gulbarga. I told her that I had gone to Mumbai to give this present to Babuji but I could not meet Him there. Therefore, I had come here thinking that I would give this to her so that she could give it to some abhyasi or preceptor going to Madras to get it delivered to Shri Babuji.

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She said : “Had you come yesterday, Shri Raghavendra Raoji of Raichur was here; you could have given it to him. Now you go to Raichur. You give to Shri Raghavendra Raoji. He will arrange to deliver it to Babuji at Madras”.

I thought : “Raichur is only 3 ½ hours journey from here. I will give it to him and return tomorrow”. I reached Raichur. I told Raghavendra Raoji everything. He kept listening. Then he said, “You go to Kadapa. You meet Shri Ramachandra Reddy. Tell him that I have said that he may go with you to Madras and then you present these clothes to Babuji yourself”.

I was not able to decide. I was unable to understand all this. I had clothes for only one day. I had no money. I thought I would return home from Gulbarga. But I could not say anything to Raghavendra Raoji. In the evening Shri D. R. Vithal Raoji came to meet Shri Raghavendra Raoji. He was an advocate in Raichur in those days. He used to come every evening to meet Raghavendra Raoji. When Vithal Raoji started returning after his meeting, I walked behind him. After going some distance I told him my problem, and told him that Shri Raghavendra Raoji wanted me to go to Kadapa and thence to Madras. He said : “Then go.” I said : “I don’t have enough money also”. He

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said : “How much do you need?” I took Rs. 100/- from him and left for Kadapa.

I met respected Ramachandra Reddy. He said : “The people in Madras are arranging Babuji’s welcome function and I will have to go there then”. He had returned from Madras only two days before. So he put me in a train to Madras. He gave me the address of Pujya Babuji’s son (Late) Shri Umesh Chandra and asked me to go to his house as Babuji was staying there.

What else could I do? I reached Madras. It was evening. I ate something at the Madras railway station itself so that I don’t have to eat at Shri Umesh Chandra’s place. I reached there. But Babuji was not at home. I came to know that, in the evening on that day, Babuji Maharaj’s welcome function was planned. Only Mrs. Jahagirdar and Mrs. Umesh Chandra were there at home. Two more abhyasis were also there. I started waiting for Babuji Maharaj’s arrival. After some time Shri Babuji came. Shri Jagirdarji, Umeshji, C.A. Rajagopalachariji all came. Shri Jagirdarji scolded me and said : “Why did you come?” etc. I felt bad. But I kept quiet. After sometime I got a chance to go to Babuji’s room. I went in. Shri Babuji was telling two newly made preceptors : “If you come across any person doing black magic, you earth his heart, all his power will go into the earth”. And for

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something, Babuji went out of the room. Those two new preceptors were discussing among themselves : “He is saying that the heart is to be earthed. How is it done?”

Then Babuji came in. Those two preceptors took Babuji’s leave and went away.

Now only Babuji and I were in the room. I gave the present to Babuji. Then I told him the whole story from Bombay onwards. I said : “Babuji I fought with your preceptor before coming here”. He said : “What happened?” I told Him all that had happened with Shri Bapubhai. I also told Him that I said, “My Master is more than Lord Krishna”.

Babuji said : “*Arey*, you should have said that Swami Vivekanand has said, “Know thy Guru as Brahm.”

I kept listening but I did not know that Shri Babuji was not telling all that for Bapubhai but He was telling me : “What you are searching for; I am That”. This was not fitting in the highest culture of Shri Babuji. But considering my ignorance and to make me understand practically he had to come down to my level and say, “I am That”.

Even today when I remember this, tears well up in my eyes.

After this I went out and sat in the veranda. It was dinner time. I did not want to eat. Jagirdarji

had already scolded me. Babuji and all others went to the dining table. Babuji called out for me : “Gaikwad, Gaikwad”, I did not respond. They finished their dinner. Babuji came out and said : “You are sitting here. Come with me”. Then He took me to the dining table. He asked me to sit. He also sat. He then said : “Serve him food”. Till all the items were not served in the plate He kept sitting there. Then after satisfying Himself that everything had been served, He said : “Now eat”. Then He got up and went to His room.

Where will one get such motherly love?

15. It was November 1972. We, the abhyasis of Solapur, had organised ‘*Bhandara*’ (Satsang). Abhyasis and preceptors from Karnataka and Andhra Pradesh had assembled. Pujya Shri Raghavendra Raoji and Sarnadji were there.

I was looking after the arrangements. Shri Raghavendra Raoji asked me : “Are you busy?” I said : “No”. He said : “Can you sit in meditation?” I sat before him. After giving me puja for about half an hour, he said to one old preceptor from Tirupati who was sitting near him, “Pullaiah chetty garu, I am preparing this young man for Master’s work as per the orders of Master”.

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During that Satsang I received my orders for deputation to R.E.C. New Delhi. So I went to Delhi.

In 1974 Saint Sister Kasturiji wrote a letter to Babuji and gave a closed envelope to me to be delivered to Babuji as I was going to Shahjahanpur. I did not know what was written in that letter. Babuji opened the cover, read the letter and said to me : “The work for which Kasturi has sent you to me; there is still time for that”. I came to know afterwards, that Sister Kasturiji had requested Babuji to make me a preceptor.

16. In December 1972, I joined Rural Electrification Corporation (R.E.C) Ltd., New Delhi, as an Assistant Project Engineer. Since I was still a bachelor and also wanted to save some money, I stayed as a paying guest at the house of Shri A. D. Joshi initially and then later with Shri Sat Dev who were senior abhyasis of Delhi centre then.

Because responsibilities were less, I used to go frequently to Saint Sister Kasturi *Jiji* (elder sister) at Modinagar (U.P) near Delhi for receiving transmission. Once I went to Modinagar. At that time *Jiji* used to stay with her mother, her younger brother, dear Shri Prahlad Chaturvedi and his family. Before leaving for Modinagar, I had

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written a letter to Pujya Babuji requesting His permission to go to Shahjahanpur to stay with Him. After going to Modinagar, I suffered from viral fever and became very weak. Therefore, I was not permitted by *Jiji* and her family to go back to Delhi. After 2-3 days, respected brother Sat Devji, with whom I used to stay then, brought Babuji's letter addressed to me and received at his house in Delhi, to Modinagar. Babuji had kindly permitted me to go to Him (Shahjahanpur). Now, the question was whether to go to Shahjahanpur or not? There was no fever, but I had become very weak. Respected Sister Kasturiji and her mother advised me to postpone my going to Shahjahanpur in view of my weakness. I thought, that Pujya Babuji had permitted me to go to Him, and even if I were to die because of my bad health, by going to Him, I would be reborn with a stage (spiritual) higher than what I was in then. Then in the next life I would start with a higher stage in spirituality. So, I decided to go.

I reached Shahjahanpur. By seeing Babuji Maharaj I felt very happy. In those days the Ashram was not there at Shahjahanpur. So we used to stay at Babuji's house. There is a room adjacent to the pooja room in His house. I stayed there. During the day, I used to sit in front of Babuji, in a chair but after about half an hour, my

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back used to ache due to extreme weakness. Though Babuji Maharaj would still be sitting in His chair, I used to get up and go to my room and lie down. But after a while, I used to feel bad, that while Babuji was sitting there, I was lying here. I used to get up and go and sit again before Babuji in a chair. This continued during the whole day. I used to feel embarrassed but I was helpless, due to physical weakness.

In the evening, Babuji said to me : “Look brother, doctors have told me that I don’t have any physical energy left. I should have died by now according to doctors, but they say that I am alive due to my mental energy.”

“But I tell you man lives after that on spiritual energy”.

Now what could I have said to Him? I kept quiet. In the night I had my dinner and I went to bed. When I got up in the morning, I saw that there was no feeling of weakness in me at all. I was feeling absolutely normal. I was astounded and drowned in gratitude to Him.

17. I used to get opportunities to visit Shahjahanpur often, being a resident of Delhi, which is seven hours journey from Shahjahanpur. In those days (prior to 1975-76) the restrictions were also less. I used to go there whenever any

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opportunity presented itself and I used to encourage others also to go to Babuji.

Once when I was living with Shri A.D. Joshiji, an abhyasi from Sedam, Gulbarga (close to the native place of Shri Joshiji) came to Delhi for some personal work. He stayed with Joshiji. I asked him, that since he came so far to Delhi, he must have also planned to go to Shahjahanpur. He said, he hadn't. I said : "Brother, having come so close to Shahjahanpur, if you don't go there, you will remain deprived of great spiritual benefit. Why do you want to lose out on your spiritual benefit? I will obtain the rail reservation for you, and also accompany you to Shahjahanpur. Let us go". He agreed.

I went with him to Shahjahanpur. There, after meditation was over, we all were sitting in the veranda, in front of Babuji. Babuji called out, "Murlidhar, Murlidhar". Shri Murlidhar was a resident abhyasi doing mission's clerical work at Babuji's house. The office of the mission was located in the same premises but it was at the other end near the main gate. There is a big courtyard in between the veranda and the office, where Shri Murlidharji was doing some work. He was an old man. He could not hear Babuji's call.

The courtyard between the veranda and office was paved with bricks. Cementing was done

to bind the bricks. Some fresh repairs had been carried out on the same day, using cement and water, which was still wet.

Our abhyasi brother from Sedam got up enthusiastically and said that he would go and call Murlidharji. He quickly walked over the distance without paying attention to the wet pavement. It did not occur to him that he had to be careful not to step on the freshly plastered ground. His *chappals* were of a typical village design with steel horseshoe and steel rivets affixed to the sole. Babuji was observing him trample the wet pavement. He coolly looked at me and said : “Now tell me, what spirituality can I teach him?”

18. Once when I went to Babuji, a query came to my mind. I thought, why was there this system of touching feet for paying obeisance to elders, when it is said in ‘Gita’ that our head is the root and that hands and feet were its branches. Then why touch branches? Why not touch the root itself? My mind was filled with these questions. I asked Babuji : “It is said in Gita, “Urdhwamulamadhashakham” - then why do we touch feet?”

He said : “I don’t know what is written in the ‘*Shastras*’ (i.e. holy books) but I tell you my thought. Are you seeing this tree in front? (There

was a tree in the courtyard of Babuji's home). The roots of this tree are in the ground. It sucks the energy from its roots, but the maximum energy is at the top where the tree bears fruit. Similarly, in our body the maximum energy is in toes of the feet. The feet are touched with the intention that we may get the energy from him whose feet we touch. Then he added, "But brother, when I give energy (transmission) otherwise also, why touch feet?"

He further said : "I am telling you the findings of my research; when you are very tired, meditate on your toe, and you will find that your tiredness will go away."

19. Once having finished my stay at Shahjahanpur, I was returning back to Delhi. I asked Babuji's permission to leave. He said, "There is still time for your train. Wait". He called out : "Malin, Malin", but there was no response. He then went inside the house and came out. He asked me to follow Him and He took me to a room where there was a dining table, chairs etc. He asked me to sit on one of the dining chairs. Then He went inside again. After a little while He came out holding in both His hands, a heavy china (porcelain) plate with vegetable and '*puri*' (fried flat bread) on it. He was slowly walking towards

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me from the door. I leapt to my feet, embarrassed. What was this! Master Himself was carrying food for me ! I sprang to take that plate from His hand and mumbled. Babuji said : “Take cold water for drinking from the fridge”.

I can never forget that incident in my life.

20. Once I went to Shahjahanpur ashram. Babuji came to the ashram in the evening. In the office room near the kitchen on a cot, two thick mattresses were kept one above the other and the cot was kept touching the wall. A bolster was kept with the wall, as a backrest. Babuji was sitting, resting his back on the bolster. His *hukka* was on the floor and a long flexible pipe was attached to the *hukka*. The other end of the pipe was kept tucked between two mattresses so that it did not fall on the floor. Babuji used to take a puff and again tuck the pipe between two mattresses.

I saw that Babuji was touching the pipe. I thought He was wanting to take out the pipe. So I also touched it and was pulling it out. But at that moment, I realised that he was pushing the pipe inside the mattress to secure it.

He suddenly said : “I am doing something and you are doing something else”.

I felt ashamed; and kept quiet.

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Now, whenever I remember that incident I cannot stop laughing (at my foolishness and His scolding).

But what love is there in that scolding !

21. Once I was travelling by train with Saint Sister Kasturiji from Mumbai to Navsari in Gujarat. There were a number of abhyasis travelling with us. My elder brother Vijay Kumar had come to Mumbai railway station to see us off. After the train started, *Jiji* (Sister Kasturiji) asked me, “Gaikwad did you see the condition (spiritual) of your brother?” I said : “I have not got over myself still, how can I see his condition? But, if you were to send me to that level, I will certainly reach there”. She said : “*Accha* (ok), this time you will reach there”. I was surprised by her statement and started eagerly observing my condition.

It was day time. The train was running and all abhyasis were busy talking to Sister Kasturiji or among themselves. I saw a vision. In the blue sky I saw a small white cloud. The cloud started expanding. It spread over the whole sky. The cloud was white but there was some glitter also in it. Then I heard a sound coming out of that, “I am that, I am that”. I felt as if Babuji Maharaj himself was saying that “I am That”.

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I felt surprised. Is this the condition of “*Brahmand*”? All abhyasis were sitting around *Jijji*. Therefore I could not ask her. Afterwards, I forgot about it.

After a few months I met Babuji in Shahjahanpur. I related my above experience to Babuji and asked whether this was the experience of condition of “*Brahmand Mandal*”. Babuji said : “The white there you saw, should not have been there, and you know the method of cleaning. And in our system, one gets glimpses of conditions which are going to come much later”.

22. Once I went to Shahjahanpur to see Babuji. In those days the work of construction of the Ashram was going on. Shri R.K. Gupta, our abhyasi brother, a railway engineer, was providing structural design for the buildings like how much steel was required in the R.C.C. structure etc. Shri Guptaji had come that day from Allahabad. Since the Ashram was under construction, the arrangement for stay for abhyasis was still at Babuji’s home.

After lunch Shri Guptaji slept in Babuji’s puja room. Normally, abhyasis were not permitted to sleep in the puja room. It was afternoon. Babuji Maharaj was still sitting in His chair in the veranda. I was the only abhyasi sitting with Babuji

at that time. I was feeling that when no abhyasi was allowed to sleep in the puja room, how was it that Guptaji was sleeping in that room? And Babuji also did not say anything to him.

I could not contain myself. I said : “Babuji, Guptaji is sleeping inside the puja room”. Babuji said : “Let him sleep”. I was feeling jealous. I said to Babuji : “Babuji I am sleeping in the room besides”. Babuji said : “You sleep anywhere”.

I felt bad. I started thinking. Then by His Grace alone I got enlightened. It was as if Babuji was saying : “You are my child, you can sleep anywhere. I have to take work from Guptaji”.

What a feeling of affinity, how deep a love He has !

23. In 1974 I had gone to see Babuji in Shahjahanpur. After meditation, I was alone with Shri Babuji. I submitted : “Babuji I have lot of selfishness in me”.

Babuji said : “No, selfishness is not there. When the remembrance goes into sub-conscious, selfishness does not remain”.

Who else except the Master, the ocean of Grace, can put His remembrance in our sub-conscious?

24. Once I asked Babuji : “Babuji how should one differentiate between a spiritual experience and hallucination of mind?”

Babuji said : “Look, spiritual experience is direct. There are no questions and answers”.

25. Probably it was 1975. By this time I had travelled with Saint Sister Kasturiji and visited many centres of our mission from Karnataka, Andhra Pradesh, Tamil Nadu, Maharashtra, Gujarat, Rajasthan, Kolkata, U.P., to Tinsukia, and Dibrugarh etc. Many preceptors used to meet Sister Kasturiji and express their problems, their views before her privately. I used to be generally there with her all the time. So I came to know those views of the preceptors. I felt that these people are spiritually quite advanced but not necessarily were their views in line with Babuji’s thoughts or with the thoughts of other preceptors.

Once I went to Shahjahanpur to Shri Babuji. I said to Babuji : “Babuji you have taken many people to Central Region”. Babuji said, “Yes, so?”

I said : “If all these people go against you what will you do?”

Babuji lovingly smiled and said : “*Arey*, that key is with me”.

26. This was probably in the year 1975. I was sitting in my office in Delhi. I received a phone call from our preceptor Shri Mahajanji. The time was around 10 or 10.30 am. In those days only landlines were used for phone calls and mobiles did not exist yet. Shri Mahajanji told me that our preceptor Shri Dev Ramji Chavda from Navsari, Gujarat would be reaching New Delhi by Janata Express around 12.30 noon that day. He was to travel further to Shahjahanpur by Lucknow Mail that day itself by night. Shri Mahajanji informed me that he had reserved his (Shri Dev Ram bhai's) railway ticket from New Delhi to Shahjahanpur and the ticket was with him. He further said that he was going to New Delhi railway station to receive Shri Dev Ramji Chavda.

I did not know any Dev Ramji Chavda. And Shri Mahajan was a preceptor of Delhi and he was going to receive him. So I thought, "How did it matter to me?"

After sometime, around 11.00 a.m. I started feeling restless without any reason. I became so restless that it became impossible for me to sit in the office. I felt that I must go to New Delhi railway station. I had never seen Shri Dev Ramji Chavda before. Neither did I know in which coach of Janata Express was he travelling. But I thought - how would that matter? In any case, Mahajanji

My Babuji Maharaj

was coming to the station and I would meet Mahajanji there. He knew Shri Dev Ram Bhai. So there wasn't any problem.

I did not inform anybody in the office that I was going out. I straight away headed for New Delhi railway station. The train was to reach platform number one. This train reaches New Delhi, halts there and then proceeds further to Delhi Junction (Old Delhi) railway station to finally terminate there. I was pacing platform number one, looking for Shri Mahajanji. It was time. It was announced that the train would shortly reach platform number one. I became restless. I was not able to find Shri Mahajan.

And the train entered the station. Mahajanji was nowhere. A lot of time was lost in searching for Mahajanji. I was disappointed.

Now, how could I find out Dev Ram Bhai? I started walking slowly from one end of the train to the other and started thinking what to do next? I saw some waste newspapers in Gujarati language strewn in front of one of the coaches. I thought, this train comes from Mumbai via Navsari (Gujarat). Therefore, may be, Dev Ram Bhai was in that coach. I stopped there and was thinking. I was looking here and there. At the door of that coach 2-3 people were standing and talking to each other. One of them asked me : "Brother who are you

My Babuji Maharaj

looking for?” I said I was looking for Dev Ramji. He said : “I am Dev Ram”. I was surprised. I introduced myself to him and told him that Shri Mahajan was to come here to receive him, but he was not seen. I also told him that his rail reservation from New Delhi to Shahjahanpur has been obtained by Shri Mahajan and the ticket was with him. I continued telling him that his train to Shahjahanpur would start from there (New Delhi railway station) itself in the night; and that, that train (Janata Express) would be shortly leaving for Old Delhi (Delhi Junction) station. So he had to alight there itself and be quick about it. And I enquired as to where his luggage was?

He said : “Brother, I have a boiler packed in a crate and it is heavy”. I said, no problem. I called two coolies (porters) for help and got his suitcase and boiler crate unloaded. He was taking that boiler to Shahjahanpur Ashram (under construction) for heating water for bathing of abhyasis.

I said : “Now let us go”. The boiler was big and heavy; I got it transported by the porters to the cloak room, and wanted to deposit it there, because his train was to start in the night from New Delhi station. The clerk at the cloak room refused to accept the crate of the boiler as it did not have a lock (just as we have locking facility for

My Babuji Maharaj

bags, suitcase etc.). I somehow convinced him, and then he accepted it to be deposited there.

Shri Dev Ramji and I went to Shri A. D. Joshi's house by an autorickshaw. I used to stay, in those days, with Shri A. D. Joshi. His govt. quarter was very near to New Delhi station in Aram Baug colony. Mrs. A. D. Joshi was a preceptor and she used to treat me like her son. I told *Mataji* (mother) that he was Dev Ramji Chavda, our preceptor of Navsari centre. He had to travel to Shahjahanpur the same night. His railway ticket was with Shri Mahajan who would be there in the evening. She could serve him lunch. I would be going to the office and would call Shri Mahajan from there. Then I went to my office. Shri Dev Ramji had his lunch and rested.

I went to my office and called up Shri Mahajan. He informed me that his superior in the office had called him at that time and he had been unable to go to the New Delhi railway station. He had been helpless.

In the evening Shri Mahajan and I reached Shri A. D. Joshi's house. Joshiji had also come back from his office by then. After dinner, we went to New Delhi station and put Shri Dev Ram bhai in Lucknow Mail along with the boiler crate.

Shri Dev Ram bhai was also astonished by this event. After reaching Shahjahanpur, he told

the entire episode to Shri Babuji in detail. He said, that an abhyasi by the name of Gaikwad had come to the station.

Shri Babuji just smiled.

27. Once I went to Babuji, at Shahjahanpur. Babuji was quite pleased. He started telling us about His overseas (European) tour. In Europe, Babuji went to one of the abhyasi's house where meditation was organised. He was sitting in the hall which was quite big. A young European man came to Him. He was doing some kind of '*Jap*' (recitation) as a spiritual practice. He said to Babuji that he was doing the '*Jap*' (recitation) of some *mantra* but he felt that it was having an adverse effect on his brain. He wanted to know as to what should he do? Babuji said, "You try our system for three months. If you are benefitted, you continue it, otherwise leave it. But when you try our system, whatever you are doing presently should be stopped". The young man started pondering. He thought if he did not get benefit from Babuji's system then he would lose the present one also, since he would not be practising the recitation during that period.

He said to Babuji : "Then I will be at a loss". Babuji said, "This you have to decide". The young

My Babuji Maharaj

man got up and went to a corner of the hall and sat there.

After a while a young girl came. She was his (young man's) sister. She did not know that her brother had come there before her and had talked to Babuji. She was devoted and had lot of love for Babuji. She started telling Babuji that her brother was practising recitation of some mantra and he was getting mad. She further asked Babuji, as to what he should do. Babuji repeated the same thing that he may try our system for 3 months. If he is benefitted, he may continue, otherwise he may leave. But while practising our system, he should stop that recitation practice. Babuji further added, "But who will take the responsibility to ensure that he will not do what he is doing now?"

She said : "Babuji, I will take the responsibility". Babuji indicating his hand towards that young man said : "Then he is alright".

Babuji told me : "And he started becoming alright at the same moment. I call this as 'Immediate Transmission'. When transmission is given from the point beyond time, the effect is immediate".

I was curious. I always used to have my respected preceptor Shri Raghavendra Raoji (of Raichur) in my mind.

My Babuji Maharaj

I asked : “Babuji can this (Immediate Transmission) be done by any preceptor also?”

Babuji : “Yes, if he has the power, he can do it”.

Gaikwad : “Babuji, the power given by you is with the preceptor”.

Babuji : “But brother, when I do such work, Lalaji Sahab’s protection is there with me”.

Gaikwad : “And Babuji, your protection is always there to the preceptor”.

Babuji : “He is one among thousands, I am One in One”.

I had no more questions. Master had revealed Himself.

28. It was 1976. I was in Delhi. I was crying, weeping and praying daily to Babuji to make me His. This continued for more than a month. Afterwards, I went to Shahjahanpur. Babuji Maharaj was very happy. He made me His. He said : “Brother Gaikwad, are you happy now?” I said : “Yes, Babuji, I am very happy”.

Babuji said : “You read Mission’s books. I will take a lot of work from you”.

I casually said : “Yes, Babuji”.

Then I got a thought from Him, that whatever Guru utters, it translates into reality.

29. It was 1976. I stood transferred from Delhi to Hyderabad. Shri Babuji was scheduled to come to Delhi in a few days. So, I decided, to avail leave and stay at Delhi, see Babuji Maharaj when He would visit Delhi, and then leave for Hyderabad.

So, I wrote a letter to Babuji stating that I had been transferred to Hyderabad but I had taken leave and was waiting for his arrival at Delhi. When He would come to Delhi, I would see Him and then go to Hyderabad.

Babuji was to come to Delhi next day by car, but I left a day prior for Modinagar (which is near Delhi) to see Saint Sister Kasturiji. I thought I would return to Delhi the next day anyway. When I returned from Modinagar the next day, Babuji had already come to Delhi and an abhyasi told me that He was enquiring about me. I felt shocked and bad too. I had written to Babuji that I was waiting for Him and I went away to Modinagar. I should not have made Babuji wait for me. When He came, I should have been present before Him.

The above is true, when we sit in meditation also.

30. During that visit, Shri Babuji stayed with our abhyasi brother Shri Chopraji. The residence of Shri Chopraji was very near to the place where I was staying. In the evening a group meditation

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was organised at his place. So, I too went there. At his govt. residence, a *shamiyana* (canopy) was raised for abhyasis to sit for meditation. Pedestal fans (air-circulators) with temporary electric wiring were placed and arrangement for lights were made. It was summer.

Babuji started *puja* (meditation). I too sat in meditation. During meditation, a thought occurred to me, “Babuji I have become 30 years old and still I am unable to get married?” After a while, I saw in meditation, the face of a woman. There was a noose around her neck. The face came and went off. The meditation continued.

On that night, Shri Chopraji had put me on duty for Shri Babuji. I had to remain in Babuji’s room for the night. Whenever Babuji got up to go to the washroom, I had to put on the light. When He had to go to the washroom, I had to close the washroom door and not allow Him to lock it from inside. I had to stand there, and when He would return, put off the light and look after any other need that Babuji might have, like switching on/off of cooler, fan etc.

It was 10.00 pm. Some abhyasis were still sitting in Babuji’s room. I went near Babuji and sat on His cot. I narrated my experience of seeing the face of a woman with noose around her neck during meditation. And asked Babuji what that

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was. He asked me : “Was I transmitting at that time?” I said : “Yes, Babuji”. Babuji gestured, throwing his left hand backwards and said : “Must have been something”.

I do not know what all that was. But after that I got married in 1978.

That is my Babuji Maharaj. He removes *samskaras* (impressions) in a wink.

31. Another event occurred just after concluding the group meditation in the evening. One of our overseas abhyasis Mr. Don Sabourin had accompanied Babuji. After the meditation was concluded Don got up to change the direction of the pedestal fan (Air circulator). As soon as he touched it he got a severe electric shock. He just fell down. The electricity was switched off. Somebody told Babuji that Don received an electric shock and had fallen. There were no heart beats, no pulse. His wife was with him. Babuji got up hurriedly from His place. He came to Don. He asked people to be away. He sat on his haunches near Don for a few minutes. After that Don got up. What happened and how; nothing is known.

Shri Chopraji's daughter “Lolly” who lives in Germany has written in detail about this in the book “Beloved remembered” brought out by Shri Chariji.

32. It was in the year 1976. I was transferred to REC project office, Hyderabad. There was an ashram and we had a resident preceptor and centre-in-charge there. I used to regularly participate in Sunday Satsang and also visit ashram for meditation during the week, whenever I found time.

In the month of August, it was declared during Sunday group meditation that on 14th August as per practice, group meditation will be held in the morning as well as in the evening. And on 14th August the group meditation was held as had been announced.

By the year 1976, I had travelled with Saint Sister Kasturiji, and visited many centres of our mission, in the state of Karnataka, A.P., Gujarat, Rajasthan, U.P., W.B. and Assam etc. But I had not heard of any centre holding special group meditation on 14th August. So, I enquired with our centre-in-charge : “Sir, why do we celebrate 14th August ?” He said : “No, no, we do not celebrate it but we observe the day”. I again requested him : “But why? That was the day on which Rev. Lalaji Sahab left his body”. He replied : “That was the day when my master became, ‘the Master’ .”

My Babuji Maharaj

Somehow, I could not stomach it. But I kept quiet. Sometime later, I got an opportunity to visit Shahjahanpur and I was sitting with Pujya Babuji Maharaj. I asked Babuji : “Babuji in Hyderabad centre, they observe 14th August by holding group meditation in the morning and in the evening. But I have not seen this in other centres”.

He said : “Hyderabad centre should not observe Mahasamadhi day of Lalaji *Sahab*. They think it is an ordinary matter; but for such matters they should have consulted me. In Hindus, only birthdays are celebrated, days of death are not celebrated because there remains always a tinge of sorrow in it.”.

He added : “When I was in school (10th class) I wrote that, `All nations sing the songs of mourning. In Hindu religion only birthdays are celebrated. My teachers used to often say, “We have many people writing English, but from where do you bring these philosophical thoughts?”

I wrote a letter to our another preceptor of Hyderabad and informed him of what Babuji said. He in turn informed our centre-in-charge and thereafter the custom of observing Lalaji’s death anniversary by holding group meditation at Hyderabad centre was stopped.

My Babuji Maharaj

This incident enlightens us of Babuji's thought of not observing death anniversaries of our spiritual elders.

33. Once, probably in 1976, I went to Shahjahanpur to see Babuji. Babuji was sitting on His usual easy chair. Malin, Babuji's old maid servant came out from the inner portion of the house and said : "Cotton is needed to bandage Sanju (Sanjay, the younger son of Shri Prakash Babu) to stop his bleeding due to a fall". Babuji told Shri Gunde Rao Nagnoor (who was assisting Babuji) to give her cotton. Shri Gunde Raoji gave her cotton.

Shortly after, she again came out and asked for more cotton, as she had been given a very small quantity. Babuji again told Gunde Raoji to give more cotton. Shri Gunde Rao said : "Whatever cotton was available was given, there is no cotton anymore".

Shri Babuji looked at me and said : "There should be cotton in the house". He repeated this 2-3 times. Then I understood, that I should go to the market and bring medicated cotton. I got up and said : "Babuji, I will bring cotton". Babuji asked : "Do you know the shop?" I said : "I will get it in any pharmacy shop" and I left.

My Babuji Maharaj

It was morning time. Shops were still opening. After sometime I found one pharmacy shop which was open. I bought cotton for two rupees and bought “Dettol” bottle for five rupees and returned home. Babuji asked : “What for is this bottle?” I said : “To clean the wound”. He asked me to give it in the house. I gave it and left for ashram for some work. When I returned from the ashram, preceptor Shri Dev Ram bhai said : “Brother, Babuji has been asking for you”. I said : “Why?” He said : “He wants to give you the cost of the cotton you bought. In the meanwhile, Shri Babuji came there. He asked me the cost of cotton. I said : “Two rupees, but where is the need to pay?” He gave me two rupees.

Babuji said : “*Hisaab Jau Jau, Bakhshish Sau Sau*”. (i.e. every penny should be accounted for and returned to the rightful owner in a transaction even when it’s with a dear one; while when giving a gift, the cost of the gift is immaterial, one can expend as much as one wishes to).

I kept wondering as to what was the need for Babuji to pay me for the cotton? And if at all He wanted to pay, then He should have paid me the five rupees for the bottle of “Dettol” as well. But I kept quiet and started thinking. After some time by His Grace alone, it got revealed to me, that He had never asked me to bring “Dettol” and

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hence He was not required to pay for that which He never asked me to bring. And if anybody expects to be paid for something which he has brought on his own, that is wrong.

My heart filled with gratitude. In such a small incident, He had taught me a big lesson in correct financial dealing.

34. When I had gone to buy cotton (in the above incident) from the market, clouds started gathering in the sky. The whole sky was overcast. My wife was worried that it may rain heavily and I may get drenched. Babuji Maharaj was sitting in His room doing some work. He came out in the courtyard, looked at the sky and said : “Clouds have gathered but it will not rain.” Then He returned to His room.

It did not rain.

35. Once I asked Babuji : “Babuji a yogi can suspend the laws of Nature, is it not?” He said : “Yes, he can suspend them temporarily, but if you say that the sun should rise in the West instead of the East, this cannot happen”.

36. Once Shri Babuji came to Delhi. He was staying in the house of Shri Sundraji, centre-in-charge of Delhi centre. Shri Sundraji had kept his

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house open for all abhyasis to come in, in the morning and in the evening for 2-3 hours. Group meditation had also been organised at his residence. I too went there along with other abhyasi brothers to benefit from Babuji's presence. I saluted Babuji and came out from His room to sit in the hall. Some people were sitting in Babuji's room.

After sometime, an abhyasi came from Babuji's room to call me. He said Babuji wanted to see me. I along with brother Ramakrishna went into His room. Babuji asked me : "Gaikwad, have you read Gita?" I said : "Yes Babuji. I have read it to some extent". He said : "Tell me why is it said that one should work but not think of its results". I said : "Yes Babuji, it is written there, Karmanye Vaadhikarste, ma phaleshu kadachan". He asked me : "Do you know why it is so?" I said : "It is written there, but I never thought as to why it has been written so".

Babuji said : "I am telling you, when you work, you have a single thought, but when you start thinking about the results, there are two thoughts, so the power gets divided and there is a possibility of not achieving the results".

We all were surprised and very happy by this clarification. Because we had heard about "Nishkam Karma" (working without desire for

fruits of the work) or submission of work to God etc. But never thought of this scientific explanation.

Brother Ramakrishna was with me. He spontaneously said : “Correct Babuji”. Babuji smiled and said : “Sundra *Sahab*, the children have given me a certificate today”.

37. In the evening Babuji came to the hall. We all were sitting to listen to him. He said : “You see, for Realisation, surrender is necessary. But brother, surrender is a very big thing. I am telling you a remedy. Increase your dependency, surrender will come automatically. Do it now and you will know it”. (*Abhi kar ke dekho, abhi pata chalta hai.*)

I became alert. “*Abhi kar ke dekho, abhi pata chalta hai.*” This was a good opportunity to test it. Immediately I took a thought in my heart that, “Babuji, I am completely dependent on you”. And I started observing my heart. I found my heart started becoming softer and softer. My heart was filled with gratitude and eyes with tears, “Babuji, such a big thing, but you made me experience it, so easily!”

38. Once I reached Shahjahanpur to meet Shri Babuji Maharaj. There is a great attraction in Babuji. Whosoever meets Him, keeps looking at

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Him. Babuji Maharaj was sitting in His usual easy chair. I was looking at Him. While looking at Him I got lost in some thoughts. Whenever, I get lost in thoughts, my head bows down automatically as a matter of habit. After a little while I felt that there was nobody in Babuji's chair. I was surprised. So I lifted my head and looked at His chair. He was very much there. I neglected what I felt a little while ago. Again I was drowned in my thoughts. Again, I felt that, there was nobody in Babuji's chair. Again, I lifted my head, and I saw Babuji was there in His chair. The third time I deliberately bowed my head to observe whether the feeling of "Nobody in Babuji's chair" repeats itself. And sure enough, it repeated itself!

Then I started thinking, Babuji was in His body, but being in body, He was beyond body.

39. Once I went to Shahjahanpur. Shri Krishnaswamy, our preceptor at Delhi sent a letter through me to Shri Babuji. I came to know later, that it was about me. Shri Krishnaswamy had sought Babuji's permission to choose me as an object of spiritual research. (There was a proposal in preceptor's meeting chaired by Pujya Babuji that preceptors may do their spiritual research by choosing suitable abhyasis from their respective centres. This letter was probably in that context.)

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Shri Babuji started telling me about spiritual research. He said, “See brother, I do not want this research on rats and cats. Whatever research I have done, it is all to save time. For example, the spiritual condition which will take 500 years to achieve, how could it be achieved in 5 minutes.

I was listening to him but I was looking at my watch. It was time to reach Ashram and the instructions were that every abhyasi should reach Ashram by 12 noon to have his or her lunch. I did not fear Babuji but was very much afraid of the scolding by the preceptors who used to be close to Babuji. And there was one around there at that time. I said : “Babuji we should now go to the Ashram”. Babuji flared up and said : “If you have to go, you have to go”. My wife was also there with me at that time. She said : “Babuji is telling you something, listen to Him carefully”. I felt ashamed. Babuji again started explaining, in the same tone as earlier, with love and enthusiasm. One could not even imagine that a moment before, His tone was sharp.

This is my Babuji Maharaj ! A real teacher of the highest calibre.

40. Once 10-12 of us abhyasis were sitting in Babuji’s courtyard in a semi-circle around Babuji. It was night time. Probably past 11.00 p.m. Babuji’s

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hukka was on. In those days Babuji used to tell us many interesting things till late night.

Babuji asked : “What is the most expensive thing in the world?”

We all kept quiet. I started thinking, “It is gold, no no platinum, no no, diamonds, etc.” But nobody had the courage to answer. All were quiet.

Babuji said : “War”.

Babuji : “If an enemy country is powerful how to defeat her?”

We all kept quiet.

Babuji : “Create rebellion”.

Then Babuji said : “People think that I must be enjoying doing the work of nature. But tell me, will you feel enjoyment if you are asked to fetch two buckets of water?”

Babuji : “Look brother, Now I have made everything automatic” .

I started thinking, “What is it, that He has made automatic?”

Babuji : “Any abhyasi may pray in any corner of the world; I may become consciously aware of it or not, but his/her work will be done”.

Do we not experience this, even today?

41. Once Shri. Babuji was staying with resp. brother Nasibchandji (in-charge Lucknow centre) at Lucknow. I was also there. In Babuji’s room

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only Babuji and I were there. Babuji was sitting on a cot and I was sitting on the carpet on the floor.

Babuji said : “Look Gaikwad (indicating his index finger to his heart,) here there is a point for generating money”. I said : “Babuji let that point be, if I need money I will ask it from you”.

42. Once Babuji was sitting on His cot in Hyderabad Ashram at Domalguda. My elder brother Shri. Vijay Kumar was sitting near the cot on a carpet. My brother kept thinking for a long time. He wanted to know as to what Babuji thinks about him. But he was unable to coin the question. After sometime he asked : “Babuji, what does God think about me?”

Babuji was sitting reclining on the bolster. He suddenly leaned forward and said : “What you do not think about yourself, He thinks about you.”

It is true that, Babuji, the ocean of Grace, thinks of our welfare to that great extent, which we ourselves do not think of.

43. Once our preceptor, respected Shri Raghavendra Raoji of Raichur had planned to go to Shahjahanpur. I was posted in Delhi. So, he used to write to me for rail reservation from Delhi to Shahjahanpur and Delhi to Raichur etc. And he

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used to stay also with me, most of the times, when in Delhi.

I was eager to know, as to what should be the etiquette of an abhyasi with the Master? I thought this was a good opportunity to learn what etiquettes does Shri Raghavendra Raoji behaves with, with Babuji.

I wrote a letter to Shri Babuji that Shri Raghavendra Raoji was going to Shahjahanpur during that period and I may also be permitted to be with Master during the same period. I received permission from Babuji.

I went to Shahjahanpur.

Once Babuji was sitting in His usual chair. Shri Raghavendra Raoji, I and other *abhyasis* were sitting facing Him in chairs.

Babuji asked in Hindi : “Raghavendra Rao, tell me why my (हमारा) system is dynamic?”

I thought Babuji was asking as to why Sahaj Marg system was dynamic. I started looking at Raghavendra Raoji to know, what would his reply be. Raghavendra Raoji said : “Babuji you please tell us.”

Babuji : “When every particle of the body is divinised then the whole system becomes dynamic; and you can transmit from any part of your body”. Pointing his index finger towards R.

My Babuji Maharaj

Rao, He said : “Now look, I am transmitting from my index finger. Are you receiving it?”

Raghavendra Raoji observed for a few seconds and then said : “Yes, Babuji.”

Babuji said : “From the eyes, transmission can be given very fast”.

44. I always used to feel free with Pujya Babuji. I never feared Him. Whatever I wanted to ask, I used to ask Him. At worst, what could happen? He might scold me. That was no problem. Being a father to me, it was His right and to ask was my right. This is how the relation is !

Babuji was once very happy. He said : “Look Gaikwad, if you get any bad thoughts, you throw them towards me”.

After a few days, I was travelling in a bus in Delhi. I got some sensual thoughts. I remembered Babuji’s words. In my mind, I threw those thoughts towards Babuji. I felt some warmth in my heart and all those thoughts vanished.

This is how my Guru Maharaj is ! He does not allow *samskar* formation, if we make our relation with Him such.

45. Once I was sitting in front of Babuji in Shahjahanpur. Babuji asked me : “Gaikwad do you know ‘Niyog’? ”

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I said : “Yes, Babuji I have read about it.”

Babuji said : “There is a story about it in Mahabharat. Kunti, when she was unmarried, was blessed with a boon that she could invoke Nature’s powers at will, and by that power she could beget a child. She invoked the power of the Sun god and was blessed with a son named ‘Karna’ . ”

When a child is born without copulation it is called “Niyog”.

Babuji said : “I am 99% successful in this. When a couple is unable to have a child, the womb of the mother should be spiritually cleaned and the couple may be asked to have their normal relationship. I am 99% successful in this.”

46. I first met Shri Raghavendra Raoji in 1970. I was posted in Solapur district, so I used to go to Raichur from time to time. In a few visits I started liking him very much. His qualities, his love, his faith and devotion to Shri Babuji and his constant care and help for the abhyasis impressed me deeply. In two years time I became his fan. In December 1972, I was transferred on deputation to R.E.C. Ltd. New Delhi. Now my frequency of going to Raichur also reduced. But my attachment to him and my correspondence with him continued; as if Raghavendra Raoji occupied much of me.

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Once in 1973-74, I went to Shahjahanpur to see Babuji. There were only the two of us - Babuji and myself. Somehow, the subject of Shri Raghavendra Raoji came up. For almost about half an hour, I went on praising Raghavendra Raoji effusively in front of Babuji. Babuji also went on listening to my eulogy patiently without uttering a single word. After about half an hour, Babuji said very politely : “Brother, Raghavendra Rao has also been made by me.”

47. Once Shri C. Ramakrishna and I went to Shahjahanpur from Delhi. Ramakrishna is a mechanical engineer. It was the year 1978. We stayed in the Ashram. There is a beautiful fountain in front of the meditation hall. When the fountain used to work, electric bulbs of different colours also used to throw light on it in rotation. One could see different hues on the fountain. It was very attractive. These electric bulbs were inside boxes with glass covers, sealed properly. The sealing was to ensure that the water of the fountain does not enter the box. Now the fountain had been stopped as the seals of the boxes had come off.

We (Ramakrishna and I) believed that seals could be repaired. We bought the requisite

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material from the market, repaired the seals and started the fountain. Everything was in order.

When we went to Babuji's house to meet Him, we told Him that the fountain had been repaired and was working.

Babuji was very happy. He exclaimed : "Shabash !, Shabash ! Shabash ! (Bravo !, Bravo !, Bravo !).

He always used to look for an opportunity to encourage us.

48. It was probably 1982. My mother was very sick and she was admitted to K.E.M. hospital, Bombay. My younger brother, Dr. Shashikant was studying his M.B.B.S there. He being a student there, his doctor professors carried out various tests, X-rays etc. for mother. Then a board of 4-5 doctors sat and had discussions on the case. It was concluded that there was a bulb like lump in my mother's stomach which could be cancerous. Therefore it was decided by doctors to operate upon her and remove the bulb or lump. The operation went on for a long time. But when the stomach was opened they found that it was not a bulb but a lump formed due to intertwining of the intestines; which they saw as a bulb in the x-ray. So they again closed the stomach and after a few

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days of treatment she was discharged from the hospital and returned to Solapur.

I asked my brother : “What kind of doctors are your professors? They cut open her stomach absolutely unnecessarily”. My brother said : “My doctor professors cannot be that wrong”. He had written a letter to Shri Babuji before the operation that doctors had suspected cancer and only He could save her and had prayed to Babuji before the operation. So he felt that Babuji had intervened in the matter and saved our mother. I thought what he said made sense.

After a few days Shri Babuji came to Delhi from Shahjahanpur. He was staying with Shri Rajeshwar Prasad Mathur (Shri R.P. Mathur). I was around there since morning and was waiting to get a chance to meet Babuji when He would be a little free, that I could offer “Prasad” (sweets). In the afternoon, around 4.30 Babuji got up from His afternoon rest, had His bath (it was summer) and came to His room. He was wearing His dhoti. I prayed to Babuji : “Babuji are you very busy? You have saved my mother. I have brought some sweets for offering ‘Prasad’”.

Babuji said : “Bhai, this is Lalaji’s Grace”. Babuji’s words have a subtlety. Whenever it was He who had done something, He would assign it to “Lalaji’s Grace” and when something happened

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due to your luck, He would say, it is, “God’s Grace”.

Then He said loudly : “You can also offer Prasad. Any initiated abhyasi can offer Prasad. But wait, I will come”.

Then Babuji came, sat down and offered Prasad.

I was on cloud nine.

49. Once Babuji was to travel to Calcutta (Kolkata) from Shahjahanpur. He remarked that the journey was long and He gets tired. I said : “Babuji, you should travel by air instead of traveling by train, since the journey from Shahjahanpur to Calcutta is long.”

Babuji, in a gesture of measuring length, kept His left hand in the middle of His right one and said humourously : “And the expense for the air travel is also long (huge)”!

How careful He was, in spending Mission’s money.

50. Once Babuji was in a good mood. He said : “I once gave a higher condition to one of the abhyasis of Lalaji. Lalaji did not want me to give a higher condition to that abhyasi at that time. Now, Lalaji was unhappy with me. I could not bear his unhappiness.

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So I prayed to him, 'If helping your dear ones is a crime, please forgive me.'

Lalaji smiled. ”

51. Once I had gone to Shahjahanpur with abhyasis of our Delhi Centre. Pujya Babuji gave us all, a sitting (meditation) in the puja room of His house. Shri Ramaswamy (Ramji), one of our young abhyasis, had come along with us. He had recently become an abhyasi. His father was a preceptor. Ramji sat directly opposite Babuji. We all closed our eyes and sat for meditation.

Once the Puja got over, Babuji asked Ramji : “Do you sit for meditation at home?” Ramji answered : “Yes Babuji. ” Babuji asked : "How long do you meditate ? ”

Ramji : “Half an hour”.

Babuji: Is meditating for half an hour, any meditation? It takes 15 to 20 minutes only to get absorbed.

Drooping His shoulders once to the right and then to the left in a manner of gesturing, Babuji admonished : “Sometimes you do this, at other times this. Is that called Puja? One must sit properly and meditate for an hour. ”

We all sat stunned !

52. Once, I was with Babuji at Shahjahanpur. Before taking a bath, Babuji used to massage His hands and legs with oil, on His own . That day I said : “Come Babuji, let me give you a massage. ” And I applied oil to His back and starting massaging Him. After sometime I started panting. Babuji said : “*Arey*, you're panting ! ”

Then He remarked : “When you massage yourself, you get a little physical exercise too, isn't it ? ”

53. Once Babuji said that he had *Abhrak Bhasma* (calcined mica ash used as medicine) of one thousand `puts' (processed one thousand times). I was surprised since this was a very rare medicine; and very effective too. I said : “Babuji, it is a very rare thing, since it takes a lot of effort and time to prepare it. How did you get it ? ”

(One `put' means that the mica is put in an earthen pot and sealed. Then it is heated on low flame from lighting a hundred dry cow-dung cakes. The next morning the earthen pot is removed and the mica ash is ground together with the milk of *Aak/Akban* (calotropis) plant in a mortar till all the milk is soaked up. Then it is again sealed in an earthen pot and heated as earlier. When this process is repeated a thousand times, it is called a 'one thousand `put' *Abhrak Bhasma*'. The dosage of

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this medicine is that quantity which can be held on the eye of a needle.

Shri Babuji said that during His father's time in Shahjahanpur, there was a very famous *Hakim* (a physician practising traditional remedies) who was *Rai Bahadur* Badri Prasad's (Babuji's father's) friend. Babuji's father had a horse driven carriage in which he used to travel to meet his friend sometimes. Once a man came to *Hakim Sahab* and requested him to come and see an ailing relative who had come to his house. *Hakim Sahab* never used to go visiting patients at their home. The man started cringing. *Rai Bahadur Sahab* (Babuji's father) said : "Come, see the patient." Then *Hakim Sahab* and *Rai Bahadur Sahab* went to see the patient in the horse-cart. *Hakim Sahab* administered *Abhrak Bhasma* to the patient and said that the patient would be alright but cautioned against giving him non-vegetarian diet.

After about 2-3 days, the same man turned up again stating that the patient was unable to speak and that he was in a bad shape. *Hakim Sahab* said that he must have been given non-vegetarian food. *Hakim Sahab* went to his house and gave him *Abhrak Bhasma*. The man started speaking. Then *Hakim Sahab* said : "I had told you that I had given such good medicine. But now that you've given

him meat to eat against my advice, he will not survive.”

Pujya Babuji's father told *Hakim Sahab* to give him some *Abhrak Bhasma* too. Being a friend, *Hakim Sahab* couldn't refuse. The glass bottle having the *Bhasma* was slightly tall. *Hakim Sahab* tilted the bottle on a piece of paper and started tapping it on the head to pour the powder bit by bit. Babuji's father pushed *Hakim Sahab's* elbow resulting in more *Bhasma* falling onto the paper. And, *Rai Bahadur Sahab* said : “Now that it's fallen, let it be !” Even *Hakim Sahab* started laughing.

Pujya Babuji said : “Brother, I've kept that *Abhrak Bhasma* in case you people might be in need of it sometime.”

54. This occurred in 1982-83. I had been transferred to Mumbai and had gone to the Delhi office for some work. Pujya Babuji, being ill, had been admitted to All India Institute of Medical Sciences (AIIMS), Delhi. I went to AIIMS to see Shri Babuji. All abhyasi brothers and sisters used to sit on the ground floor in a waiting hall. Once or twice during the day, someone would go to Babuji's room (only specific people were permitted) or enquire about Babuji's health from the doctor and let everyone know about it.

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I went upstairs with the intention of peeping inside Babuji's room. The door was closed and Babuji was lying on the cot inside. It wasn't allowed to go inside. There was a glass window on the door through which one could peep inside. I kept looking at Babuji through the window. After sometime, Shri N S Rao (an abhyasi who was Babuji's personal helper) came up through the lift and seeing me standing at the door, asked me in an enquiring tone : "Yes brother ?". I shrank away to a side. He opened the door and went inside. Then I started peeping inside from the glass window again.

After 2-3 minutes, Shri N S Rao came out. He had a big garland in his hand. Some abhyasi would've brought it for Babuji. Smiling, Shri Rao put the garland in my hands and said : "Brother, you keep this." I could neither understand nor say anything. I took the garland and started moving downstairs. I was thinking that what should I do with the garland. The next day I was to return to Mumbai. I went down to the waiting hall. Our abhyasi sisters were there. Giving them the garland I said : "It is Shri Babuji's. You all can divide it amongst yourselves if you wish."

I started back. After that I couldn't see Shri Babuji in body again. On 19 April, 1983 the news of His *Mahasamadhi* was received. I understood

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then that it had been my last meeting. He had taken His leave by giving me flowers. Blessed be my Babuji !

55. It was 26-7-1978 We (My wife and I) were in Shahjahanpur with Shri Babuji. Babuji said :

If a drop of pure Reality is given (to any abhyasi) complete transformation can take place. But the drop should be of pure Reality.

In older days when Gurus were of high calibre, they used to give only a little power to a few of their selected disciples, because whatever they would wish would start happening. I also used the same method of Lalaji *Sahab*.

Kasturi said that I should control my tongue. We were in Madras. Somebody brought a very good hernia belt. I said : “Show me. I wish to wear it.” Kasturi said : “That it was not for me. It is for those who have developed hernia.” I said : “I am also going to get it. And sir, in one year I developed hernia. But when I had said that, there were no symptoms even.”

56. It was 4.1.1982. I was with Shri. Babuji at Shahjahanpur. There were a few French abhyasis too. Babuji said :

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The grace is going on for 24 hours. Look and find whether the condition has changed or not.

Maintain notes of experiences.

Everything is automatic. When Master calls a person, the inner being is attended to, irrespective of whether the person is aware or not.

When a man passes time (goes beyond time), then everything can be done in no time.

57. I asked : “Babuji, whether sciences are derivation of observation or a genius puts down the principles through his thinking?”

Babuji said : “There is no hard and fast rule.”

When divine consciousness opens, then it is enjoyable. You can work as you wish.

At the age of 14, I was fond of Philosophy. In my student life some (philosophical) thoughts used to come. Of course, I am a student still.

Meditation increases life. I have given this thought in the West, “Meditation increases life”.

My nature is such that I cannot see a sick person. So I wish to do something about it.

Thoughtless state comes (in spiritual journey) and certainly it comes; then the breath stops. When people do ‘Pranayam’ then also thoughtless state is reached and breath stops.

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Somebody asked me : “Sir, you do not do meditation now.” I said : “I got the thing in whose search I was ; now on what (or for what) should I do meditation?”

I make the abhyasi forget disruptive things.

I create the condition of the abhyasi in me and then I study it and correct it.

For whatever duration I am in any country, people like it, because I make them laugh.

I saw my own death.

I wanted to see the North Pole. But He (Lalaji *Sahab*) did not permit.

58. It was 5.1.1982. An abhyasi from France asked Babuji :

Q : “I do not feel self-confidence”.

Babuji : “This method is simple and this will give you self-confidence”.

Q : “I am not progressing”.

Babuji : “But I see you are progressing”.

59. a) Work is going on all the time. And there is a way to it.

b) When hunger (spiritual) is there the food (spiritual) should be there. So when the abhyasi has spiritual craving, Master’s Grace should be there.

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c) I can read the condition of an abhyasi (even when he/she is far away) but I can read you better here.

d) You should feel the existence of the highest being.

e) To a question about thoughts, Babuji said : “They are playing their part and you should play your part.”

f) Projection is also from Divinity but we have spoiled it.

g) Somebody from Europe asked Babuji (when he was in Europe) “Babuji are you Jesus Christ?” Babuji said, “How can I be, when I am not there (when the existence is not there)?”

h) As you think, He becomes.

i) Question : “When will destruction start?”

Babuji : “The work is going on, but date I cannot prescribe. If you have deeper sight, you can see it.”

j) Question : “Babuji, are you tired?”

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Babuji : “Tiresomeness comes and goes there (indicating towards sky).”

k) Question : “Babuji, if you are happy, I am happy.”

Babuji : “That is a sign of affection.”

k) Question : “Babuji, if you are sick or tired, what should we do?”

Babuji : “Prayer is sufficient for that time.”

Question : “Can we pray to Lalaji directly if you are not well?”

Babuji : “It is a good idea.”

m) You should know the language of God then only you can know Him.

n) Unconsciously but certainly, will power develops by prayer.

60. Once I was thinking that the basis of *Raj Yog* was thought and thought power. If a person becomes mad, he loses his capacity to use his thought power. Therefore, he cannot develop spiritually and is unable to reach the state of liberation through *Raj Yog* (Sahaj Marg is a remodelled system of *Raj Yog*.)

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I asked Babuji, “Whether becoming mad (mentally deranged) is the biggest punishment?”

Babuji said : “Anything can be the biggest punishment.”

61. Once we *abhyasis* were sitting in Babuji’s house in the veranda. Babuji was sitting in his usual easy chair. It was about 4 or 4:30 in the evening. It was tea time. Sometimes we used to get small hot ‘*puries*’ as snack with a hot cup of tea, from the kitchen.

One of our abhyasi brothers at that time went into puja room and sat for meditation. Tea and snacks arrived. Babuji said : “Now look here, it is tea time and this brother has gone to the room to meditate.”

Shri. Babuji and His entire family used to serve us in every way. And some of us had no thought of their efforts and used to live in our own world.

62. I stayed with Shri Babuji in Shahjahanpur on 4, 5 and 6 March 1979. Shri Babuji said :

(a) Feeling is the language of God.

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(b) Both of them must know(the) art of intercommunication.

(c) I wanted to speak to Shri Lalaji *Sahab* on some important issue. People used to sit surrounding Him. During His lifetime, when I intercommunicated with Him, I received the answers. But the thought was there that it was His grace that He grasped it. Purity is necessary for it.

(d) Hold one and hold Him tight. Don't let go.

(e) Transmission is a way of doing.

(f) Ten commandments is all catching from God. Not one word (in it) is mine. (It has been) penned by God.

(g) Lalaji *Sahab* used to say : “You've brought sensitiveness from your past life, therefore no one can compete with you in this.”

(h) Once Lalaji was writing a letter. Babuji was sitting near Him. He began transmitting while writing the letter. As soon as He started transmitting, I (Babuji) became attentive. The eyes were open. He said to me : “These people (the

other *abhyasis*) do not know when I'm transmitting so that they can be attentive." Lalaji said this in a very pained tone. His eyes were moist.

63. When I had gone to Europe, a lady philosopher there, said to me that God realisation is most difficult. I said it is the easiest thing. She said no. I said that upon listening to me, people will at least attempt it, but listening to you (that it is most difficult), people won't even attempt it.

Q. : "What is the last stage of human consciousness?"

Babuji : "God alone is perfect. Points A, B, C, D... this trail never ends. Now, what can we call as the last stage?"

Q. : "Babuji, Love is God?"

Babuji : "No. Love is nearer to God."

Socrates has said : "Love is the hunger of human soul for divine beauty."

Shakespeare has said : "Love is not love, which alters when it finds altercation."

Dr Sarvepalli Radhakrishnan : "Love is the force sent from heaven to earth so that earth can aspire to reach heavenly heights one day."

Shri Babuji said : "Love is inner awakening to Reality."

64. Shri Babuji : “Dr Varadachari (of Tirupati) said about my books, “He writes such smallish books. He should've at least written voluminous scriptures.” Shri Kumaraswamy was living in Vijayawada those days. 3-4 years later when Kumaraswamy went to Tirupati, Dr Varadachari said that : “Sir, one cannot remove even one word from it. If we do that, then the meaning is lost.”

65. Shri Babuji : “When I start speaking, I speak fluent English. But when I'm not in the mood, then I speak defective English.”

Q. : “When will West be spiritualised ?”

Babuji : “(It will take) One century. Because the inclination of their mind is otherwise.”

Babuji : “One should pay back with goodness. If a man is bad, then the line of thought should be to pray for him rather than thinking of punishing him.”

Babuji : When we go beyond matter, we have left science behind.”

Babuji : “I was asked a question in London : “Between Yoga and Psychology, which is bigger

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and better ?” I said : “Yoga tells you that which is in your inner.”

On being questioned by someone in Europe, Babuji said : “If cooperation and tolerance are observed, then there will be no divorce. And it (divorce) did not happen.”

Q. : “What can be called as a perfect government ?”

Babuji: “Where every individual is perfect.”

Q. : “What is the definition of God ?”

Babuji : “It is reverse of Dog.”

Q. : “What is thought ?”

Babuji : “Rust of reality.”

Q. : “Why are there worries in the world ?”

Babuji : Worries are reserved for human beings and not for animals.”

Babuji : “You should destroy your creation. You cannot destroy God's creation. Falsehood, temptation is one's own creation, it should be destroyed.”

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Babuji : “While writing books, I was never away from reality.”

Babuji : “No one did any research in *Rajyoga*, but everyone has become a philosopher.”

Babuji : “There is a man in Hyderabad. He is a philosopher. He says “One person should always be with Him (with Babuji).” Whatever He says, should all be noted down.”

Babuji : “Wisdom - Pure consciousness.”

Babuji : “Sudha Gupta is a capable girl.”

Babuji : “Folly is wisdom because a fool makes lesser channels.”

Q. “When will I realise God ?”, asked a philosopher in Tirupati.”

Babuji : “Turn your head that side and realisation is there, but don't come back.”

Babuji : “No preceptor is permitted to do immediate transmission. Think over it.” [Note : Immediate transmission is that in which the effect of the *Sankalp* (will) starts happening then and there.]

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“Why did God create the Earth,” it was asked in Europe. I spoke for 40 minutes. The topic was ‘Divine Dynamics’.”

In a hotel (during Babuji's tour of the West), Babuji was asked a question : “You keep giving out such beautiful thoughts extempore. What is the reason behind it (how do you make it possible) ?”

Babuji : “You people's brains have been cultured by your professors while my brain has been cultured by a yogi whom we call as Lalaji Sahab.

Babuji : “Shall I tell you in one sentence (as to) what is Sahaj Marg? We are not to do what the mind tells us to do. The mind is to be made to do what we tell it to, this verily is Sahaj Marg.”

66. Date: 05-03-1979, Shahjahanpur

Babuji :

(a) “Brain after (behind) brain is the real brain.

(b) What is beyond mind is the realm of divinity.”

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(c) Babuji : “My brain works well in spirituality but not in worldly matters. Of course, if it is about our Mission, then it works.”

(d) Research on mind - I've dictated it to Advocate *sahab* Ramji Saxena.

(e) Babuji : “People think that they are thinking of me. I am attracted by those who attract me. I am hungry for love. People say that they are praying for my health but their prayers do not reach me.”

(f) Babuji : “Lalaji *Sahab's* memory was very strong. I sharpen other's memories but I can't sharpen my own. Now I have to keep note, though I know which point has the light. Anyway, I'll find out some other instrument now.

(g) Our method is complete in socialism.

(h) Think of Him and He develops everything. So I first attempt the final thing and then everything automatically comes to me.

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(i) The President of India agreed that our method calms down the mind; and it helps socialism.

(j) The food of Westerners is very natural. No spices, chillies etc.

(k) Babuji : “To collect Master's writings and publish His works is abhyasi's job.

(l) Q. : “Babuji, the atmosphere in my office is very gross.”

Babuji : “One does get God's help but
Kaam kharab khud kare
aur laanat bheje shaitan par”

(One spoils things by oneself and curses the devil for it.)

(m) Babuji : “There was a senior peon in our office. He used to speak sharply without reason. So, once I joked with him. I said, "Roza (fasting) is in his mouth" (his mouth is on a fast). So he used to be very happy and become silent.”

(n) Babuji : “Someone asked me, what is my (Babuji's) state? I said that sir, indeed, my state was made many times and finally was unmade (*humari halat to ban ban ke bigad gayi*).”

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(o) In London, one first class journalist asked Babuji -

Q. : “What is world ?”

Babuji : “Hallucination of Being.”

Sensed object (2nd definition of world given by Babuji).

(p) Dr Varadachari had asked Him : “How can poets write such high thoughts which even philosophers could not write ?”

Babuji : “When they (poets) concentrate, then a contact with soul is established, so then they can write good thoughts. Otherwise, indeed, the poets are only what they are.”

(q) Babuji : “An individual from California wrote that Efficacy of Raj Yoga is the best book in your literature.”

(r) Babuji : “Even if I crack a joke, there is always some point in it.” One can write a volume on each of Babuji's sentence. When Babuji's sadhana (practice) got over, Babuji said to Lalaji that, “Sir, that thing about philosophy, had been closed by you, that, indeed, got left out.”

“Then suddenly, call it light or whatever, came, and all things got revived again.”

My Babuji Maharaj

(s) About Alertness : “Hold one thing and hold it fast, and don't leave it". This is a Persian thought. Alertness will also come from this itself.”

(t) Babuji : “What is there from Central Region till manifestation, is mind.”

(u) Babuji : “Time is power. The effect of transmission from the point of time, is death. But it can be used for beneficial purpose also. When the work of nature of very high order comes, only a drop of that power can be used.”

(v) Babuji : “When (someone's) downfall comes, (his) thinking becomes topsy-turvy.”

(w) Babuji : “‘My Master’ (book) has been published in German. I did not have to pay money for it. But I left the rights. The thought is this, that the thing should spread. There is no intention of making money.”

(x) Babuji : “Unalloyed bliss is Reality.”

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Babuji : “(If) desires (are) reduced to the extent possible, the more the betterment. There are points too, to reduce (desires). But work can be done through abhyasi's will also. This discovery was made before twenty five years. I will, indeed, fill in the deficiency of ten years; the rest you can do and see for yourself.”

“In earth element, there will be more solidity, in water element less, - water element would be called better.” Pujya Babuji said that He had more water element in Him. “Every person has some or the other element more in him.”

“Water, air, fire, earth and space - these are the five elements. These help to read a person (someone) .”

“When God gives responsibility, He gives Power too.”

“Meditation, remembrance are very very important. They reduce desires.”

Vibe of Denmark : “Master, how are you ?”

Babuji : “I am as you think.”

Babuji was praising the love of Danish *abhyasis*. When He went to Denmark, there were carpets laid in the room. Babuji felt that the spark

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of the hookah might burn the carpet. They (Danish *abhyasis*) said, let it burn.

Babuji : “Where you've settled love, there a Centre gets established.”

Q. : “Who are you”

Babuji : “I am what I ought to be.”

Q. : “Who am I ?”

Babuji : “You are what you were.”

Babuji : “We look towards ourselves. There is more attentiveness towards self. Diversion should be made towards 'Him'.”

68. Date : 03-12-1979, Shahjahanpur.

Babuji : “A small boy of 14-15 years had come. He started touching my feet. I said : Get him admitted immediately in a hospital as he is about to lose his eyes in 24 hours.” Those people said, “But sir, he reads well.” I said : “You take him immediately. If you are short of money, then take it from me.” They took him to a hospital and there the doctors told them the same thing, that had they

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not come within 24 hours, his eyesight would've been lost. "He was treated. I felt happy."

Babuji :

(a) "Tell your own experiences yourself.

(b) You are in my heart and not in my head
(to an abhyasi of Denmark).

(c) There is no spiritual work that I cannot do in one minute.

(d) The way to make the message reach every nook and corner has been made.

(e) God has no mind.

(f) God and Man are interdependent.

(g) No other(method or Master) produces nearness to God.

(h) When control over time is achieved, control over everything is achieved.

(i) A Russian has said that time is power."

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(k) Socrates : “Know thyself.”

Babuji : “Forget thyself.”

(l) Babuji : “Losing is gaining.”

(m) Babuji : “Meditation increases the lifespan. Man becomes almost thoughtless, then longevity increases. The breathing becomes dim and sometimes almost stops. So it helps in longevity.”

(n) Babuji : “Realisation is death of death or end of end.”

(o) Babuji : “*Humne jana to ye jana
ke na jana kuch bhi*

I knew but this, that I know nothing.”

(p) Q. : “Who is God ? .”

Babuji : “Whom you do not know.”

(q) Babuji : “Sin is improper adjustment of things or Unnatural living is sin.”

69. Date : 5-12-1979, Shahjahanpur.

Babuji :

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(a) “When I work or speak, then warmth is produced in the brain.”

(b) While speaking very fast, I forget.

(c) There is conscious state in the upper portion of the head (anterior fontanelle). It feels that it has become somewhat dim. Dr Gangloff (Germany) says that the blood doesn't reach the brain in the same quantity as much as is spent in work.

(d) When the ashram was being constructed (the ashram got inaugurated in Shahjahanpur in 1976), I had exercised my will. What is the use of the will otherwise? Lalaji *Sahab's* thing was being constructed.

(e) (Speaking about Lalaji *Sahab*) Neither does anyone take so much care nor can anyone.

(f) Now (such) Power is being given which (even) Ram and Krishna were not given, since it wasn't required that time. But now it is being given.

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(g) Someone said that sir, please shower rains, since He (God) just doesn't listen to me. I said if He doesn't listen, then file a suit against Him.

(h) I had copied Lalaji *Sahab's laya awastha*. I got a glimpse of(His) *laya awastha*. Three times for five minutes. Then *laya awastha* (in me) went on getting copied on its own.

(i) Good things should be copied from everybody, especially from the Guru.

(j) Q. : “What did you do to get *laya awastha* (mergence) into Lalaji ? .”

Babuji : “I used to do meditation for 2-3 minutes. When I told this to Lalaji *Sahab*, he became silent. I understood the clue/indication (Lalaji approved it).

(k) If sensitivity develops automatically, it's ok. Brooding on one's condition also brings sensitivity but that much of power of the soul is used up that side.

(l) I used to be very humorous (jestful) earlier. But when big people started joining the Mission, I controlled it.

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(m) Denmark is the best (in Europe).

(n) Lalaji *Sahab* laid a lot of stress on behaviour. I even quoted Him once.

(o) Babuji : “If every centre (of the body) remains in *laya* (mergence), then one can transmit from whichever part one wishes to; that's why this system is dynamic, and can make one reach there.

(p) Babuji : “Awakening state - *Sayujjata*.”

(q) Babuji : “ (About Cancer) - It lessens by eating crab. And buttermilk made from cow's milk in the morning.”

(r) Babuji : “ (About speaking truth and lies) - I'll lie a thousand times but tell that which is useful for people.”

(s) Babuji : “There should be control over everything and it should not be misused.”

(t) Q. : “Babuji, when is true faith developed in one's Guru ?”

Babuji : “When you forget yourself, or in other words you get absorbed in Him.”

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(u) Q. : “What is the best service to Mission or Master ?”

Babuji : “To know Master is the best service to Master.”

(v) Q. : (About taking photographs) “We should cover the outer and open the inner.”

(w) Babuji : “Persian thought - *Behuma* and *Bahuma*. God is in everyone and is also separate from everyone. Babuji said to Lalaji that His (Babuji's) condition was that of *Behuma* and *Bahuma*.”

(x) Babuji : “No one has translated (defined) 'Grace' till now. (It is) Sweetness of heart.”

(y) Q. : “Babuji, you prepared many people (for Central Region).

Babuji : “But did anybody become?”

(z) Babuji : “Someone who has more knowledge becomes unknowledgeable.”

70. Date: 25 July 1978, Shahjahanpur.

My Babuji Maharaj

Babuji : “Christ kept performing miracles. Miracles divert a man's attention.”

Babuji : “We proceed from darkness to light and from light to greyness (dawn like colour) or smoky colour. Then keep on expanding. The way seems easy.”

Babuji : “Happiness seems good from afar. It's not a good thing when viewed from near. It does produce liveliness/sharpness. I had received a letter from Germany. I had transmitted a drop of happiness to him. I received a letter from him. When I read it, I felt dizzy.”

Babuji : “Aryan civilisation started from Persia (Iran). They have also written about *vairagya* (non-attachment) .”

Babuji : “My labour of 14 years got wasted. I had done a study on tailbone. My memory deteriorated. One odd point comes to mind.”

Babuji : “My best book is Ten Commandments. Nida-e-gaib, it has come down directly from above. I wrote the book Ten Commandments in three and half hours.”

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Babuji : “I was interested in philosophy from the age of 14.”

Babuji : “My father was a poet.”

Q. : “Why should one worship God ?”

Babuji : “This is duty. There's no need to prove it.”

Babuji : “During transmission, the Guru's astral body (*sookshma sharir*) goes along (into the abhyasi's body).”

Babuji : “My view is that to praise a saint's miracle is to defame him.”

Babuji : “Disobedience is a big mistake.”

Babuji : “*Allahmiyan* (God) is of course, not more intelligent than Lalaji.”

Babuji : “I feel disturbed by light.”

*****end*****